



FREE Alignment Call



As a Foundations Family Law client, you're invited to a complimentary 30-minute Career Alignment Strategy Call with Rachel. As a licensed therapist, career and executive coach, and career changer herself, Rachel understands the emotional complexity of leaving behind an established professional identity. She also brings the strategic expertise to help you confidently reposition your experience for what's next.

DURING THIS CALL WE WILL...

- ✓ Clarify your non-negotiables.
- ✓ Recognize the value of what you've already built.
- ✓ Navigate both the psychological and practical sides of career change so you can make decisions that are meaningful, sustainable, and financially viable.

YOU'LL LEAVE FEELING...

- ★ Clearer and more confident about the path forward that best aligns with your goals, experience, and next chapter.
- ★ Clear on the next steps toward a personalized coaching experience designed to help you define—and build—your next chapter.

Book a discovery call with FFL to
unlock this perk



Made for More
COACHING