



Co-Parenting Sessions



Foundations Family Law clients with children are encouraged to book a free assessment for a Co-Parenting Compass session with Maria at Synergistic Stepparenting. Parental conflict can damage a child's sense of safety, but her BeH2o course structure is designed to help reduce harm, increase stability and learn how to see the bigger picture beyond the settlement.

WHAT BEH20 IS...

- ✓ A communication and decision-making system that evolves with your family
- ✓ Practical tools to stay grounded, set boundaries, and respond — not react
- ✓ Empowers you to lead the process, not the courts or the conflict

HOW IT HELPS...

- ★ Reduce conflict (even if your co-parent won't participate)
- ★ Communicate clearly - even during tense moments
- ★ Make child-centered decisions with confidence
- ★ Feel more grounded, calm, and in control

[Book a discovery call with FFL to unlock this perk](#)

*Synergistic
Stepparenting*